

## Winter Riding 2022 Level Descriptions

**English Beginner:** For those who have never ridden before or have limited riding experience, less than 3 months. Riders will learn how to groom, tack, and mount horse. Walking, steering, and equitation exercises to strengthen leg position. Trot work securing posting and diagonals, sitting trot, and jumping position.

**Western Beginner:** Western Beginner is for beginner riders that want to learn the basics of Western Horsemanship with 3 months or less of riding experience. Riders will work on walk and jog exercises that will strengthen the leg and seat position.

**Advanced Beginner:** For riders who have walk and trot established, are able to tell their diagonal and are starting canter. Walk, trot, and canter exercises to develop rider's seat and strengthening the leg position by practicing transition work, cavaletti, dressage figures, and lunge line lessons.

**Intermediate 1:** Can walk, trot, and canter safely in a group, known leads and diagonals, has done some jumping and ready to begin small courses up to 2 feet. Riders will work on jumping position, sitting trot, transitions, no stirrup work, lunge line lessons, gymnastics, and courses.

**Intermediate 2:** Riders have experience with course work and have solid jumping fundamentals, jumping at least 2'6". This group is for riders that want to be competitive in the show ring and work on seeing distances and equitation. This group will be doing primarily course work and no stirrups. Lessons may also include lunge line lessons, gymnastics, switching horses, and focus on Equitation.

**Advanced:** Riders with experience course work at 3 feet. Must be familiar with complicated courses with a higher level of difficulty and sophistication. Able to ride green horses and jump without stirrups. To further develop finesse and control of the horse. Lessons will include no stirrup work, transitions, lateral work, lunge line lessons, gymnastics, courses, and trail.

**Dressage Lower Level:** For those riders who have completed a beginner riding course. They can comfortably mount, walk, trot, post and know diagonals. Riders will work on Intro and Training level dressage exercises using the dressage training scale to improve the connection to the horse through the seat.

**Western Intermediate:** For riders that can walk and jog and are ready to advance their loping skills. Riders will work on riding from the seat with no stirrup work, lunge line lesson, and focus on Equitation.

**Trail:** For riders at an Intermediate Level or above who can maintain control of their horse at the walk, trot, and canter. This class focuses on fundamental trail skills.

**Polo Cross Training:** For riders at an Intermediate Level or above who can walk, trot, and canter comfortably and in control. Using cross training techniques riders will learn how to improve their polo ponies balance and adjustability in turn improving their skill set as riders. Riders will work through pole work, basic arena figures, collecting and extending gaits, and small gymnastics.