FEET CAN GET JAMMED
SAFE SHOES OR BOOTS

SAFETY RELEASE STIRRUP BARS

TAPADEROS

HOODED STIRRUPS

UNSAFE GAP CAN TRAP RIDER'S FOOT
SAFELY WITH SAFETY STRAP

UNSAFE

BAREBACK PAD WITH STIRRUPS CAN TURN UNDER HORSE'S BELLY

UNSAFE

FEET TUCK INTO STIRRUP STRAPS - CAUSE DRAGGING ACCIDENTS

STIRRUPS ATTACHED TO FIXED RING, NO SAFETY RELEASE

PEACOCK STIRRUP

DEVONSHIRE BOOT

PROPOSED SAFETY STIRRUP

THIS DESIGN HAS BEEN PROPOSED TO RALIDE, INC., MANUFACTURERS OF MOLDED PLASTIC WESTERN STIRRUPS. IF YOU ARE INTERESTED IN USING A STIRRUP OF SIMILAR DESIGN, PLEASE WRITE TO
Date: ________________

<table>
<thead>
<tr>
<th>Bill To:</th>
<th>Ship to:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact:</td>
<td>Contact:</td>
</tr>
<tr>
<td>Address:</td>
<td>Address:</td>
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<tr>
<td>City/State:</td>
<td>City/State:</td>
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<tr>
<td>Zip Code:</td>
<td>Zip Code:</td>
</tr>
<tr>
<td>Phone:</td>
<td>Phone:</td>
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</tbody>
</table>

ALL ORDERS MUST BE ACCOMPANIED BY A CHECK, MONEY ORDER, VISA OR MASTERCARD INFORMATION

Helmets packed in polybags without display boxes and shipped via FedEx to one location. Freight Additional.

---

For a proper fit, carefully measure the circumference of the head about one inch above the eyebrows.

<table>
<thead>
<tr>
<th>PART#</th>
<th>SIZE</th>
<th>MEASUREMENTS</th>
<th>INDIVIDUAL</th>
<th>QTY</th>
<th>TOTAL $</th>
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<tbody>
<tr>
<td>00-125C</td>
<td>Xsmall</td>
<td>Up to 20 7/8&quot;</td>
<td>$20.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>00-126C</td>
<td>Small</td>
<td>21 1/4&quot; - 21 5/8&quot;</td>
<td>$20.00</td>
<td></td>
<td></td>
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<tr>
<td>00-127C</td>
<td>Medium</td>
<td>22&quot; - 22 3/8&quot;</td>
<td>$20.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>00-128C</td>
<td>Large</td>
<td>23 1/8&quot;+</td>
<td>$20.00</td>
<td></td>
<td></td>
</tr>
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</table>

FREIGHT: $1.50 Per Helmet SHIPPING & HANDLING

FREIGHT: |

GRAND TOTAL: $_______

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<table>
<thead>
<tr>
<th>PART#</th>
<th>SIZE</th>
<th>MEASUREMENTS</th>
<th>Bulk 10+</th>
<th>QTY</th>
<th>TOTAL $</th>
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</thead>
<tbody>
<tr>
<td>00-125C</td>
<td>Xsmall</td>
<td>Up to 20 7/8&quot;</td>
<td>$15.00</td>
<td></td>
<td></td>
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<tr>
<td>00-126C</td>
<td>Small</td>
<td>21 1/4&quot; - 21 5/8&quot;</td>
<td>$15.00</td>
<td></td>
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<tr>
<td>00-127C</td>
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<td></td>
</tr>
<tr>
<td>00-128C</td>
<td>Large</td>
<td>23 1/8&quot;+</td>
<td>$15.00</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

BULK 10+ $7.50 for the first helmet, and $1.50 for each additional helmet per shipment to the same address.

FREIGHT: |

GRAND TOTAL: $_______

---

Payment Method: Check / Money Order (Enclosed): Check#: __________ Amount: __________
Visa / MasterCard#: __________ Expiration Date: __________
Cardholder Signature: __________

Simply complete and fax this order form to 1-858-587-7733. Or, mail your completed form to:
Attn: SafeTech / Troxel
6222 Ferris Square
San Diego, CA 92121

Questions? 800-270-2526

Please Note: No Phone Orders
<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Price Ea.</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Ground Handling Horses Safely</em> – Available in VHS only.</td>
<td>1-5 (shipping included)</td>
<td>$20.00</td>
<td></td>
</tr>
<tr>
<td>An excellent source of information for helping you better teach and practice horse ground handling safety. The tape contains 18 minutes of informative programming.</td>
<td>5 or more (call for shipping charges)</td>
<td>$15.00</td>
<td></td>
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<tr>
<td><strong>Facilitator Guide and Lesson Plan</strong></td>
<td></td>
<td>$4.00</td>
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<tr>
<td><strong>Equine Awareness Youth Education Program</strong></td>
<td></td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td><em>Every Time...Every Ride...</em> Circle VHS or DVD -</td>
<td>1-5 (shipping included)</td>
<td>$15.00</td>
<td></td>
</tr>
<tr>
<td>An educational video on head injury prevention is a must for all riders, instructors, horse clubs and parents of children who ride. Narrated by William Shatner, this professionally produced, approximately 20 minute, educational video demonstrates the need for SEI* protective headgear. Interviews blended together with excellent footage of horses in a wide variety of sports show the benefits of wearing the proper helmet--as well as the unfortunate consequences of riding without one.</td>
<td>5 or more (call for shipping charges)</td>
<td>$11.00</td>
<td></td>
</tr>
<tr>
<td><strong>GHHS/ETER Set - Circle Two videos or Video/DVD set</strong></td>
<td></td>
<td>$30.00</td>
<td></td>
</tr>
<tr>
<td><strong>Chesta’s Way</strong> book</td>
<td></td>
<td>$14.95</td>
<td></td>
</tr>
<tr>
<td>The True Story of City Kids and Calves by Mary Jacobson. <em>Chesta’s Way</em> is the story of a remarkable woman, her sacrificing, supportive family, an especially caring community, and their special way of serving at-risk kids.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SUBTOTAL</strong></td>
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<td></td>
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</tr>
<tr>
<td><strong>Washington State Orders Please Add 8.8% Tax</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

*Contact 4-H Foundation Office for shipping charges; phone (253) 445-4583, fax (253) 445-4587, email: 4-hfound@wsu.edu.*

**Contact Information:**

Name: ____________________________

Address: ____________________________

City ____________________________ State _______ Zip _________

Phone: (day) ____________________________ Email: ____________________________

Method of Payment: _____Check (Make payable to Washington State 4-H Foundation) _____Visa _____MC Card Signature: ____________________________

Exp date: ______/______ Card# ____________________________

(orderform – 10/06)
Hunt Seat  
Turtleneck Sweater  
English Jumpers  
Jodhpur Boots

Informal  
Saddle Seat  
White Saddle  
Shirt  
Riding Boots  
Jodhpurs

Riding Clothes  
Man-tailored Shirt  
Western Hat  
Western Shirt  
Blue Jeans or Frontier Pants  
Cowboy Boots

Saddle Seat

Formal Dress  
Hunt Seat  
Hunt Coat  
Black Satin  
Hunting Cap  
Gaited裤

Western Hat  
Western Shirt  
Matched Western Socks  
Frontier Pants  
Cowboy Boots

Blue Jeans and Blouses are not the best clothes for informal riding!

Sweater Tucks Too Short  
Tight in Seat  
Too Short in Leg

Don't Ride in Loafers-Heels Look Correct but Aren't

Never Wear Sneakers-They Slip Through Stirrups!

Always Wear a Protective Hard Hat or Safety Helmet for Jumping or Hazardous Riding!
How Do Equestrian Helmets and Bicycle Helmets Differ?

Many equestrians have asked what the difference is between equestrian helmets and bicycle helmets.

What’s the real difference?

1. Horses are higher off the ground than a bicycle, thus, the ASTM equestrian standard is higher.

2. Height means increased force of gravity when you fall, and increased risk of severe injury.

3. The equestrian standard allows the least amount of stretch in the jaw strap or harness.

4. Equestrian helmets are drop-tested from specific heights, at specific speeds, onto a steel plate...sometimes flat or sometimes a curb-like surface. Equestrian helmets are also drop-tested onto a steel anvil with a 90° angle, meant to simulate getting hit by a horse’s hoof, or falling onto the top of a jump standard.

5. Bicycle helmets are designed with the most protection in the front and top, assuming that bicycle riders will take a forward plunge. There is much less protection in the back. Equestrian helmets are designed to protect the front, back and sides of your head.

6. Some bicycle helmets are self-certified, meaning that you take the manufacturer’s word that the helmet meets the standard. Equestrian helmets are certified outside of the manufacturing company, ASTM and/or SEI. This insures that should a product fail the standard, the manufacturer will correct the problem or lose their certification. Always ride using a ASTM and/or SEI certified helmet — if you don’t, then you may not be protected effectively.

7. So, if you’re riding a horse, wear an equestrian helmet!

Adapted from http://www.horse-country.com/safety.html.
BASIC BITS

AND HOW THEY WORK

PARTS UPON WHICH BITS AND BRIDLES ACT

THE SNaffle Bit

The snaffle was probably developed from a primitive jaw rope.

A snaffle has 2 rings connected by a straight, or more often, a jointed mouthpiece.

The snaffle pulls mostly on the corners of the lips. It tends to encourage a horse to raise his head and stretch out his head. It works by direct pressure.

When the horse’s head is raised and he is flexed at the poll, the snaffle can act on the bars of the mouth.

A jointed snaffle has a nutcracker action on the tongue and bars.

Never use both reins at once!

The curb bit

Curb rein pulls on lower jaw and bars

Curb pressure tends to lower the head and make the horse flex at the poll.

A Pelham bit is an attempt to combine curb and snaffle into one bit.

A pelham is a double-action bit.

The curb works by leverage.

A curb rein pulls back on lips

The port allows room for the tongue and concentrates pressure on the bars.

The curb bit

Curb strap or chain

Shank

Port

English curb

Rein ring

Bridle press on poll

Western curb

English curb
The American Youth Horse Council works to unite the youth horse industry to connect kids through horses. **Thinking about becoming a member of the American Youth Horse Council? Give in to the temptation.** Our expanded programs make AYHC membership more attractive than ever.

**Basic Benefits Included with All Memberships:**
- Quarterly Newsletter: AYHC News Network
- Free Listing in Youth Horse Leaders' Program Directory
- Grant and Scholarship Program Eligibility
- Horse Industry Product and Service Discounts
- Leadership Excellence Recognition Program Eligibility
- Membership Renewal Incentives
- Networking Opportunities
- Symposium Registration and AYHC Event Discounts
- Voting Rights at Annual Meeting and on Membership Voting Items (1 vote per membership)
- Youth Horse Program Resource Referrals

**Membership Categories & Benefits**

Corporate .................................................. $150
For Businesses or For-Profit Enterprises
All Basic Benefits **plus:**
- Corporate Members may designate up to 10 individuals within their business to receive quarterly AYHC Newsletters and AYHC Event Registration Discounts
- Corporation's website will be listed on the AYHC website

**Association or Educational Institution ..................... $100**
For Colleges, Educational Institutions & Equine Associations
All Basic Benefits **plus:**
- Association or Educational Institution Members may designate up to 10 individuals within their organization to receive quarterly AYHC Newsletters and AYHC Event Registration Discounts
- The association's or educational institution's website will be listed on the AYHC website

**Individual Life Membership ......................... $350**
For adults who would like to receive current AYHC member benefits for their lifetime

**Local Horse Club/Family Membership .................. $60**
All Basic Benefits **plus:**
- Local Horse Club/Family Members may designate up to 5 individuals within their club or family to receive quarterly AYHC Newsletters and all of the club's or family members may receive event discounts

**Leader .......................................................... $25**
For adults who would like to receive AYHC member benefits
- All Basic Benefits

**Collegiate Student Leader ..................................... $15**
For students (age 19-25) in college who would like to receive AYHC member benefits
- All Basic Benefits

**Youth Student Leader ......................................... $15**
For students (age 14-18) in high school who would like to receive AYHC member benefits
- All Basic Benefits

**Membership Information**

**NAME ____________________________ **
**ORGANIZATION: ____________________________ **
**ADDRESS: ________________________________ **
**CITY __________________ STATE __ ZIP __________ **
**PHONE __________________ FAX ____________ **
**E-MAIL ____________________________ **
- □ Check Enclosed □ (circle one) VISA MC AMEX Number ____________ Exp. Date _______ **
**Referred by (AYHC Member): ____________________________ **

Make checks payable to AYHC and send to:
American Youth Horse Council
577 N. Boyero Ave., Pueblo West, CO 81007
719-547-7677 FAX: 775-256-0382 www.AYHC.com

**Membership Type**

□ Corporate $150
□ Association or Educational $100
□ Individual Life Membership $350
□ Local Club $60
□ Adult Leader $25
□ Collegiate Student Leader (19-25) $15 (Date of Birth ____________)
□ Youth Student Leader (14-18) $15 (Date of Birth ____________)

TOTAL $ ____________